

## Terms and Conditions of Registration

1. I/We understand and appreciate that participation or observation of the sport constitutes a risk to me/us of serious injury, including permanent paralysis or death. I/We voluntarily and knowingly recognize, accept and assume this risk and release Ray McKay Hockey, Inc., the training camp directors and/or instructors and/or the arena from any and all claims. I/We shall not hold anyone responsible for any accident or injury to participant(s) or observer(s), damage or loss of personal property, however caused, whether on or off the premises.
2. In signing this application the parent or guardian certifies that the applicant/participant is in good health physically and mentally and is amenable to necessary discipline.
3. In the event of emergency I hereby give my permission to administer any medical procedures to save my child.
4. Full equipment to be worn on the ice by all players.
5. **FULL PAYMENT** - in Canadian dollars or US dollars

OR

**PARTIAL PAYMENT** - a \$50 deposit now, with a postdated cheque for June 1, 2009 for the balance to accompany the application. Price includes GST.

**If you are attending the  
SPRING CAMPS  
the postdated cheque is for April 1, 2009.**

**MAKE CHEQUES PAYABLE TO:  
RAY McKAY HOCKEY, INC.  
and mail to Ray McKay  
Box 182, ILDERTON, Ont. N0M 2A0.**

**"YOUR CASHED OR CANCELLED CHEQUE IS  
CONFIRMATION OF YOUR ACCEPTANCE IN THE CAMP"**

Please make note of the dates and times as this will be your only reminder. (After June 1, 2009 full payment is due.)

6. **Refund Policy** – There are no refunds once the camp begins. Cancellations prior to the start of a camp are subject to a \$50 administration fee per player, per camp. This fee can be applied towards a camp the following year.
7. The Camp reserves the right to change the dates and times due to unforeseen circumstances.
8. Your name and/or picture may be used in future ads/website.

I acknowledge that I have read and understood the terms and conditions of this application and agree to abide by the terms and conditions.

Parent or Guardian's Signature

Date /09

## PROGRAM DESCRIPTIONS

### **RUSHING DEFENCEMEN'S CAMP™**

Today's defence must be able to move the puck and move with the puck. If you can beat the first checker you should be able to go the length of the ice with the puck.

### **DEFENCEMEN'S POWERSKATE, 2 STRIDE PROGRESSION & SHOOT CAMP™**

With your head up before you pick up or receive a pass, take 2 strides in any direction and go through your different options.  
**(This is not a learn-to-skate program.)**

### **ADVANCED DEFENCE 3 ON 2 CAMP™**

Learn how and what to communicate and how to defend against the forwards' different options in order to put you in control. For best results bring your DEFENCE PARTNER.

### **HOW TO BEAT A DEFENCEMAN 1 ON 1 CAMP™ (FORWARDS AND DEFENCE)**

The focus is on speed, deception, puck protection and options while going down the boards, through the centre, from the corners or behind the net. What is your best move? How many moves do you have?

### **NEW ADVANCED GOAL SCORING & CYCLE CAMP™ (FORWARDS AND DEFENCE)**

This camp is designed to help you beat the goaltender more often through more complex fundamentals and specialized skills that include:

1. Quick releases, improved accuracy and greater power in your wrist, slap, snap and backhand shots.
2. Shooting in stride and on the off leg with one motion and one time shots. Dekes, screens, tip-ins, deflections, rebounds, fakes and cycles.
3. Learning the secrets of the goaltenders and the puck.

### **NEW DEFENCEMEN'S EXPLOSIVE STARTS, FAKES & SHOTS CAMP™**

Good backward starts are essential in order to gain the edge on the attackers.  
**(This is not a learn-to-skate program.)**

### **NEW ADVANCED DEFENCEMEN'S HIGH SPEED PIVOTS, SWINGS, CUTBACKS, DEKES, AND SHOTS CAMP™**

Doing these new fundamentals is the easy part, add a puck and they become harder, keeping your head up at the same time becomes even more difficult but will turn you into a great defenceman.  
**(This is not a learn-to-skate program.)**

### **NEW ADVANCED FORWARD EXPLOSIVE STARTS, DEKES & SHOTS CAMP™ (FORWARDS AND DEFENCE)**

Develop the new techniques for quickness and speed and then combine it with the different dekes and shots to become a more exciting player.

### **NEW ADVANCED HIGH SPEED BREAKOUT, ATTACK & DEFEND CAMP II™ (FORWARDS AND DEFENCE)**

Players will practise numerous breakouts alone and with partners (forwards/defencemen) with an emphasis on speed and crisp accurate passes while under pressure. Attacks will be run in progressive and changing patterns to make the players aware of their options, while forcing them to think ahead in the 3 on 0, 3 on 1, 3 on 2, situations.

### **NEW ADVANCED STICKHANDLE, PASS, SHOOT & REGROUP CAMP™ (FORWARDS AND DEFENCE)**

Each day as the drills and the tempo become more demanding your skill level, conditioning and thinking skills will also increase.

MISSISSAUGA • TECUMSEH • PORT ELGIN  
BRAMPTON • KITCHENER • LONDON • ILDERTON

# 10 SPECIALIZED CAMPS

Male and Female  
SPRING & SUMMER

**NEW CAMPS ADDED IN 2009**

**Defencemen's Explosive Starts, Fakes & Shots Camp™**

**Advanced Defencemen's High Speed Pivots, Swings, Cutbacks, Dekes & Shots Camp™**

**Advanced Forward Explosive Starts, Dekes & Shots Camp™**

**Advanced High Speed Breakout, Attack & Defend Camp II™**

**Advanced Stickhandle, Pass, Shoot & Regroup Camp™**

**Advanced Goalscoring & Cycle Camp™**



Tel/Fax **RAY McKAY**  
**(519) 666-0651**  
**www.raymckayhockey.com**

## SPRING CAMPS Male or Female

### SESSION 1

BRAMPTON & MISSISSAUGA, ONT. | \$410 PER SESSION | ON-ICE TIME  
NOVICE / ATOM / PEE WEE / BANTAM

### Rushing Defence/Advanced High Speed Breakout, Attack & Defend Camp II (Forwards & Defence)

May 4, 5, 6, 8, 22, 29 June 5, 12, 19, 26

Meadowvale Arena, MISSISSAUGA, ONT.  
May 4, 6 ..... 7:00 – 9:00 pm

POWER ADE Centre, BRAMPTON, ONT.  
May 5 ..... 7:00 – 9:00 pm

Earnscliffe Arena, BRAMPTON, ONT.  
May 8, 22, 29 ..... 7:00 – 9:00 pm  
June 5, 12, 19, 26 ..... 7:00 – 9:00 pm

### SESSION 2

TECUMSEH ARENA, TECUMSEH, ONT. | \$410 PER SESSION | ON-ICE TIME  
NOVICE / ATOM / PEE WEE / BANTAM

### Defencemen's High Speed Pivots, Swings, Cutbacks, Dekes & Shots Camp/Advanced High Speed Breakout, Attack & Defend Camp II (Forwards & Defence)

April 23, 30 ..... 7:00 – 9:00 pm

May 7, 14, 21, 28 ..... 7:00 – 9:00 pm

June 4, 11, 18, 25 ..... 7:00 – 9:00 pm

### SESSION 3

LONDON, ONT. | \$410 PER SESSION | ON-ICE TIME  
ATOM / PEE WEE / BANTAM / MIDGET

### Advanced Highspeed Breakout, Attack & Defend Camp II (Forwards & Defence)

April 18, 24, May 2, 9, 23, 30, June 6, 13, 20, 27

Nichols Arena, LONDON, ONT.  
April 18, 24 ..... 6:30 – 8:30 pm

Western Fair Sports Centre, LONDON, ONT.  
May 2, 9, 23, 30 ..... 6:30 – 8:30 pm

Nichols Arena, LONDON, ONT.  
June 6, 13, 20, 27 ..... 6:30 – 8:30 pm

ALL 10 DATES

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ALL 10 DATES

## Male or Female SUMMER CAMPS Male or Female

### KITCHENER

JULY 27, 28, 29, 30

CONESTOGA COLLEGE ARENA | AGE 7-ADULT | \$156 per session | ON-ICE TIME

Session 4 Defencemen's Explosive Starts, Fakes & Shots Camp 5:00-6:30 pm

Session 5 Advanced Defencemen's High Speed Pivots, Swings, Cutbacks, Dekes & Shots Camp 6:30-8:00 pm

Session 6 Advanced Forward Explosive Starts, Dekes & Shots Camp 8:00-9:30 pm

### MISSISSAUGA

AUGUST 4, 5, 6, 7

MEADOWVALE ARENA | AGE 7-ADULT | \$156 per session | ON-ICE TIME

Session 7 Defencemen's Explosive Starts, Fakes & Shots Camp 11:00 am-12:30 pm

Session 8 Advanced Defencemen's High Speed Pivots, Swings, Cutbacks, Dekes & Shots Camp 12:30-2:00 pm

Session 9 Advanced Forward Explosive Starts, Dekes & Shots Camp 2:00-3:30 pm

### PORT ELGIN

AUGUST 10, 11, 12, 13, 14

PORT ELGIN ARENA | AGE 7-ADULT | \$195 per session | ON-ICE TIME

Session 10 Defencemen's Explosive Starts, Fakes & Shots Camp 10:00 am-11:30 pm

Session 11 Advanced Defencemen's High Speed Pivots, Swings, Cutbacks, Dekes & Shots Camp 11:30 am- 1:00 pm

Session 12 Advanced Stickhandle, Pass, Shoot & Regroup Camp 1:00-2:30 pm

### ILDERTON

AUGUST 17, 18, 19, 20, 21

ILDERTON ARENA\*\* | AGE 7-ADULT | \$205 per session | ON-ICE TIME

Session 13 Advanced Stickhandle Pass, Shoot & Regroup Camp 11:30-1:30 pm

Session 14 Defencemen's Power Skate, 2 Stride Progression & Shoot Camp 5:30-7:30 pm

Session 15 Advanced Forward Explosive Starts, Dekes & Shots Camp 7:30-9:30 pm

[www.raymckayhockey.com](http://www.raymckayhockey.com)

### ILDERTON

AUGUST 24, 25, 26, 27, 28

ILDERTON ARENA\*\* | AGE 7-ADULT | \$205 per session | ON-ICE TIME

Session 16 Advanced Goalscoring & Cycle Camp 11:30 am-1:30 pm

Session 17 Advanced Defence 3 on 2 Camp 5:30-7:30 pm

Session 18 Advanced Defencemen's High Speed Pivots, Swings, Cutbacks, Dekes & Shots Camp 7:30-9:30 pm

### ILDERTON

AUGUST 31, SEPT. 1, 2, 3, 4

ILDERTON ARENA\*\* | AGE 7-ADULT | \$205 per session | ON-ICE TIME

Session 19 How to Beat a Defenceman 1 on 1 Camp 11:30 am-1:30 pm

Session 20 Advanced Stickhandle, Pass, Shoot & Regroup Camp 5:30-7:30 pm

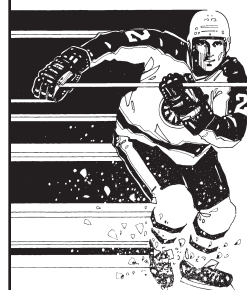
Session 21 Defencemen's Explosive Starts, Fakes & Shots Camp 7:30-9:30 pm

**GOALIES NO COST.  
WRITE GOALIE ON THE APPLICATION.**

**GOALIES ARE NEEDED FOR THE FOLLOWING SESSIONS:**

Spring Sessions  
1, 2, 3

Summer Sessions  
12, 13, 16, 17, 19, 20



**PERSONAL & TEAM TRAINING & EVALUATIONS ALSO AVAILABLE**

**ALL CAMPS ARE MALE AND FEMALE**

**\*\*Ilderton Arena (5 miles north of London, Ont.)**

## 2009 APPLICATION FORM

Applications accepted up to the start of each session.  
A DIVISION OF RAY MCKAY HOCKEY, INC.

**GOALIES NO COST**

Player's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Age: \_\_\_\_\_ Height: \_\_\_\_\_ (feet) Weight: \_\_\_\_\_ (lbs.)

Parent/Guardian: \_\_\_\_\_

Phone: \_\_\_\_\_

Res: ( ) \_\_\_\_\_ Work: ( ) \_\_\_\_\_

Medical Problems: \_\_\_\_\_

Coach's Name: \_\_\_\_\_ Tel: \_\_\_\_\_

Please check  the desired camp:

### SPRING CAMPS

#### BRAMPTON & MISSISSAUGA, ONTARIO

Session 1 Rushing Defence/Advanced High Speed Breakout, Attack & Defend Camp II

#### TECUMSEH, ONTARIO

Session 2 Defencemen's High Speed, Pivots, Swings, Cutbacks, Dekes & Shots Camp/Advanced High Speed Breakout, Attack & Defend Camp II

#### LONDON, ONTARIO

Session 3 Advanced High Speed Breakout, Attack & Defend Camp II

**Please turn over and sign and date the application.**

### SUMMER CAMPS

#### KITCHENER, ONTARIO

Session 4 Defencemen's Explosive Starts, Fakes & Shots Camp  
 Session 5 Advanced Defencemen's High Speed Pivots, Swings, Cutbacks, Dekes & Shots Camp

Session 6 Advanced Forward Explosive Starts, Dekes & Shots Camp

#### MISSISSAUGA, ONTARIO

Session 7 Defencemen's Explosive Starts, Fakes & Shots Camp  
 Session 8 Advanced Defencemen's High Speed Pivots, Swings, Cutbacks, Dekes & Shots Camp

Session 9 Advanced Forward Explosive Starts, Dekes & Shots Camp

#### PORT ELGIN, ONTARIO

Session 10 Defencemen's Explosive Starts, Fakes & Shots Camp  
 Session 11 Advanced Defencemen's High Speed Pivots, Swings, Cutbacks, Dekes & Shots Camp

Session 12 Advanced Stickhandle, Pass, Shoot & Regroup Camp

#### ILDERTON, ONTARIO

Session 13 Advanced Stickhandle, Pass, Shoot & Regroup Camp  
 Session 14 Defencemen's Powerskate, 2 Stride Progression & Shoot Camp  
 Session 15 Advanced Forward Explosive Starts, Dekes & Shots Camp

Session 16 Advanced Goalscoring & Cycle Camp

Session 17 Advanced Defence 3 on 2 Camp  
 Session 18 Advanced Defencemen's High Speed Pivots, Swings, Cutbacks, Dekes & Shots Camp

Session 19 How to Beat a Defencemen 1 on 1 Camp

Session 20 Advanced Stickhandle, Pass, Shoot & Regroup Camp

Session 21 Defencemen's Explosive Starts, Fakes & Shots Camp